

MaineGeneral Health

MAT in IOP and OP

CHANGE LEADER:	Emilie van Eeghen
TEAM MEMBERS:	M. Sirois, K. Laban
LOCATION:	Waterville, Maine
LEVEL OF CARE:	IOP and OP
POPULATION:	Medication Assisted Treatment
AIM ADDRESSED:	Increase staff knowledge and acceptance of medication assisted treatment
START DATE:	January 2007
PROJECT STATUS:	Sustained as of 06/30/07

Goals & Measures

Baseline: There have been 39 adult patients treated with Suboxone in our Intensive Outpatient Program since March 1st. Of these, 22 were discharged for continued follow-up in our newly developed outpatient maintenance treatment program.

In our outpatient program, we have served clients using the following (January – June):

Suboxone	Campral	Antabuse	Naltrexone	Methadone	Subutex
45	2	4	1 5	0	

We currently have two goals:

- Increase the number of IOP programs using MAT from 2
- Increase OP counselor knowledge of types and uses of MATs.

Changes Implemented

- Staff a third IOP program (Senior Management approval was obtained in January).
- Use of medication assisted treatment is discussed with staff and training continues.

Impact & Lessons Learned

- We are looking at whether to start a 4th IOP.
- Supervision was not enough for OP staff to remain familiar with MAT and what that means. Now will be doing training in staff meetings.